



Preliminary Swim Assessment 2022/2023

Complete this form for nippers who did NOT attain a 2021/22 S-Badge and return to:

- Club Office at info@janjucsurfclub.com.au; or
- PO Box 179, Torquay, 3228.

Family Last Name: _____

Nipper Name	Age Group [#]	Minimum Swim requirements*	Qualified Endorser Confirmation (Yes/No)
	U7	Front glide & kick for 3metres 30 second (back float)	
	U8	25m swim (any stroke) 1 minute survival float	
	U9	25m swim (any stroke) 1 minute survival float	
	U10	25m swim 1.5 minute survival float	
	U11	50m swim 2 minute survival float	
	U12	100m swim 2 minute survival float	
	U13	150m swim 3 minute survival float	

[#] Age Group is determined by the child's age on 1 October 2022.

*This is the minimum requirement for participating in any nipper activity not the S-Badge distance (overleaf).

Parent/Guardian Certification

I certify that the child/ren listed above are able to complete the corresponding activities, which is the minimum requirement for nippers as set by Surf Lifesaving Australia. I understand that they must be able to confidently swim their S-Badge distance to participate in the Nipper Program or to compete at any carnivals.

Parent/Guardian Name

Signature

Qualified Endorser Certification

I certify that the child/ren I have confirmed above are able to complete the corresponding activities **in a pool** and that I am a qualified Swim Coach, Club Coach or Age Group Manager.

Swim Coach, Club Coach or Age Group Manager Name

Signature



S-Badge Information

To gain an S-Badge, a nipper must be able to swim the following distance in **open water**, in a **continuous freestyle** and **not stop**. There will be several opportunities for Nippers to gain their S-Badge within the Nipper Programs.

Age Group	S-Badge Swim Distance	Time Limit
U7	Nil	
U8	Nil	
U9	150 metres	12 mins
U10	150 metres	11 mins
U11	288 metres	12 mins
U12	288 metres	10 mins
U13	288 metres	9 mins

NOTES:

- 1) Jan Juc SLSC takes safety very seriously and will not award an S-Badge unless the Nipper can confidently complete the S-Badge distance for their age group. This is in the best interest of your child.
- 2) It is recommended parents take their children for some open water swimming experiences before attempting their S-Badge.
- 3) Swimming lessons are highly recommended, as the Nipper Programs will not teach your child to swim.